

Learning Materials That Support Children with ADHD



A practical guide for teachers and parents

Lakeshore®

ADHD: A Practical Guide

Understanding Attention-Deficit/ Hyperactivity Disorder (ADHD)

ADHD is one of the most common conditions diagnosed in children today. It can affect children's ability to remain focused and control their behavior, and it may cause hyperactivity in some children. Children with ADHD may have difficulty organizing tasks, listening to instructions, paying attention to details and waiting their turn.

Every Child Is Unique

There are three main types of ADHD: mostly inattentive, mostly hyperactive/impulsive, or a combination of the two. An understanding of a child's specific skills, strengths and needs can create opportunities for individualized instruction and help guide the child toward future success.

Simple Ways to Support Development

There are simple, everyday steps that parents, teachers and caregivers can take to support children with ADHD.

- Establish routines and maintain a consistent daily schedule, providing a picture calendar of activities for younger children.

- Have scheduled breaks to allow children with hyperactivity to engage in physical activity.
- Help children develop strategies to stay organized, such as using color-coded folders and bins or maintaining checklists.
- Provide a distraction-free environment where kids can work.
- Use manipulatives and technology to break up lessons or activities and keep children focused.

About This Brochure

This brochure provides suggested materials that target the needs of many children with ADHD—enhancing their ability to stay focused on learning. Find our full selection of items for children with ADHD at **LakeshoreLearning.com/ADHD**.

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Materials for Children Ages 3 to 5

Giant Twist-Up Crayons

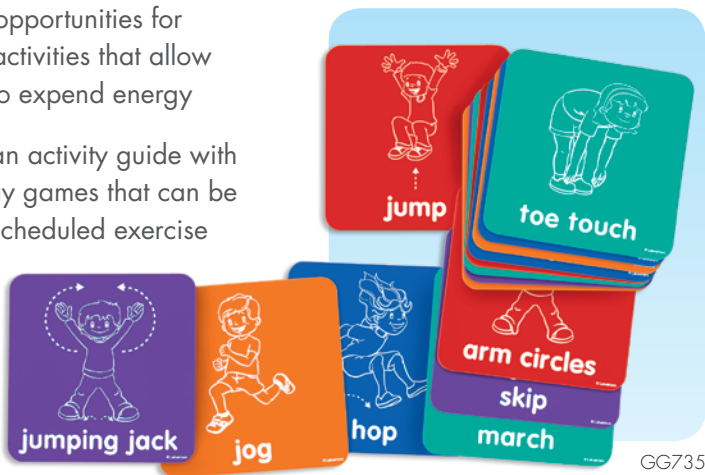
- Encourages imaginative thinking and builds creative problem-solving skills, inviting children to make decisions about color and design
- Helps build the fine motor skills children will need to start writing
- Provides opportunities for unstructured exploration and allows children to receive positive reinforcement from teachers and parents



CS518

Let's Get Moving! Activity Mats

- Provides opportunities for physical activities that allow children to expend energy
- Includes an activity guide with active play games that can be used for scheduled exercise breaks



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Pet Vet Center

- Provides opportunities for imaginative play, allowing children to explore new ideas and feelings in a safe context
- Encourages children to express feelings they might not otherwise be able to express
- Strengthens oral communication skills and lets children practice social skills



HH718

Slot-A-Shape Builders

- Allows children to create open-ended designs that do not have right and wrong answers
- Children build for as long or as short a time as they choose—without becoming frustrated or discouraged by complex construction projects
- Boosts children's imagination and provides a stimulating indoor activity for busy fingers



TT221

Materials for Children Ages 3 to 5



Alphabet Mystery Box

- Enticing miniatures and a fun-to-use mystery box turn language learning into an exciting game
- Builds early reading skills using an active, hands-on approach
- Boosts letter recognition and reinforces letter sounds



Scoop-A-Bug Sorting Kit

- Develops classification, counting and comparing skills, and helps children fine-tune motor control
- Features super-simple rules and short playing times that allow children to see each activity through to completion
- Hands-on scoopers and manipulative bugs help break up lessons and keep active learners engaged



JJ247



Soft & Squeezy Wild Animals

- Allows children to engage in imaginative play, which can help develop their social skills and improve children's abilities to communicate with both adults and peers
- Provides opportunities for children to engage in cooperative play

Materials for Children Ages 6 & Up

Good for Me Reward Kit

- Breaks down chores, schoolwork or daily routines into small, manageable tasks
- Helps set clear expectations with highly visible reminders
- Provides instant positive reinforcement for good behavior



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Sight-Word Steps

- Invites children to practice reading as they step from word to word
- Highly active and involving game play lets energetic children engage in physical activity
- Children can play for any period of time, identifying as many sight-words as they like



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EE591

Roll & Read Blends & Digraphs Game

- Helps children master phonics skills as they focus on the individual sounds that make up words
- Includes a fun-to-use dice cup and write & wipe game mats for active, hands-on learning

Lakeshore Magnet Kit

- Allows children to get actively involved while exploring concepts of magnetism
- Simple, illustrated instructions and hands-on materials grab and keep children's attention
- Quick-to-complete experiments can be used to break up lessons into shorter segments



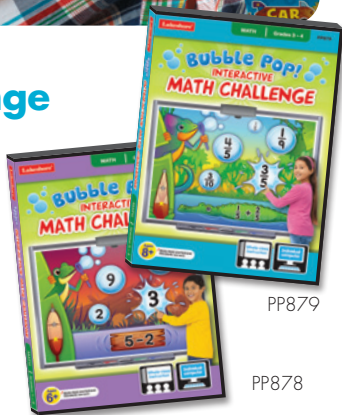
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Materials for Children Ages 6 & Up



Bubble Pop! Math Challenge Interactive Games

- Uses technology in a highly engaging way, breaking up instruction and keeping children focused
- Increases children's computational speed in multiple skill areas, from numerical operations to fractions and rounding



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